

3 Races **3** Days **42** Miles ... We did it!

It was probably the hardest thing we've ever done, but thanks to all our generous sponsors it was well worth it! Our total raised so far is nearly £1,400 although we're still



collecting until the end of January.

The money raised will be split equally between Hope Pastures and The Alzheimer's Society (which received the most votes from sponsors). For more information about the charities and how the voting went, please see our web site at www.MadBulls.co.uk.

So here's what happened...

We arrived in Disney World Florida on Wednesday 9th January 2008, ready to attend the Sports Expo at Disney's Wide World of Sports on Thursday. Around 40,000 people were taking part in at least one of the events, and so queuing for our race numbers, timing chips and goodie bags took quite a while!

At dawn on Friday, around 4,000 people gathered at the Animal Kingdom theme park for the **5K Family Safari**. We set off at 7am to fireworks, waved off by Mickey Mouse himself, and wound our way through the park, cheered on by staff and a host of Disney characters. There was a great atmosphere, and the pace was very relaxed – this was a "fun run" after all! We finished the course together (as always) in 38



mins 23 secs, and received our medals ... as well as having our photos taken with Mickey in his safari outfit!

The next day was the **Donald Duck Half Marathon**, with about 18,000 participants. This event started at 6am, but we had to be up at 3am to get ready and be there in time. Passing through Epcot and the Magic Kingdom, we completed the course in 2 hrs 55 mins 44 secs (well within the 3.5 hour deadline) and got our second medal. On Sunday, the **Mickey Mouse Marathon** was our final event, and by far the toughest



We were seriously low on energy by the end and both badly blistered, but encouragement from challenge. The race went through all 4 Disney parks, including the Disney Hollywood Studios, and





blistered, but encouragement from the crowds kept us going and we finished in 6 hrs 25 mins 51 secs to receive our final race medal, plus the coveted Goofy Challenge medal.

We'd like to say a big "thank you" for your help in raising money for two very worthy causes. Kind Regards, Adam & Carol